



Welcome to the Awaken as Love Tantra Festival in Holland 2021. We've included some practical details to help make your festival experience a smooth one.

We wish you a deep, transformational, connected and most of all fun event!

Love, James & the Festival Team

Before Arrival

What to bring

- **Snacks** – this festival is catered for 3 meals a day with organic vegetarian food with tea and coffee stations. Bring your own snacks if there is something you like to eat outside of this.
- **Loose comfortable clothing** – we will be dancing a lot and it's good you have loose clothes and plenty of t-shirts if you tend to sweat a lot.
- **If Camping don't forget your tent and bedding!** – all your meals are provided.
- **Items of comfort** – a yoga mat, cushion or pillow to sit on and a towel or sarong for massage structures as well as coconut oil.
- **Your happy and excited heart!** Your curiosity to discover so much just the way you are!

Facebook Group

Please join our participant facebook group to connect with others before and after the festival and to help with sharing lifts getting transport to and from the festival:

<https://www.facebook.com/groups/3282270355133914>

Covid-19

At this stage we are confident the training can go ahead safely and we will be following the government guidelines around this. We have a policy in place to reduce the risk of booking in the worst case scenario, so you can book with confidence

<https://tantra-festival.com/covid-19/>

Directions to the Festival

By Car

The easiest way is by car. For your navigation system you can use the address: Meeuwenveenweg 1, 7971 PK Havelte, or alternatively download directions via Google Maps.

From the airport:

Schiphol route: train to Meppel is only 1,5 hrs with one switch in Zwolle. And Eelde Groningen is closest airport with just 75 mins by bus to Meppel.

By Train:

The train connection is good and a regional taxi service can take you directly to Meeuwenveen from Meppel train station. When you know the time of your arrival, ask your organization to book a taxi for you. The taxi service can only be reached by a Dutch phone. The distance to Meeuwenveen is approximately 10 kilometres and it costs about € 8,-. That's the good part of it.

Between Meppel and Assen rides the bus line 20 ([Qbuzz](#).) Get off at the stop 'Havelterbrug' then walk another 1.5 km. It's a beautiful road, but don't attempt it with a wheeled suitcase.

Please use see this page for more detailed instructions for driving and what you need in general: <http://tantra-festival.com/what-you-need/>

At the Festival

Locations

- Universal Hall – this is our main hall for Morning Gatherings and Evening Performances as well as workshops during the day
- Shakti Space – Additional workshops happen here during the daytime
- Shiva Space – Additional workshops happen here during the daytime
- Love Temple – A dedicated and held space for exploring intimacy with yourself and potentially others
- Sauna – is located just behind the Shakti Space and is open in the evenings
- Market Street - is beside the main dining area and has various goodies and trinkets to buy
- Welcome desk - is at reception and it will have staff at set times to answer any questions.

Healing Temple

There is a dedicated healing team at the festival offering a range of individual sessions, these are extra to the program but can really enhance your experience here - you can book and pay for them directly with the healers.

Opening Meeting & Opening Ceremony

We gather at 5pm on Saturday the 14th in the Universal Hall Space to welcome you to the festival and provide you with all the practical information you will need. After this we open the space together in a special ceremony that will be described to you at the opening meeting. Come wearing fresh clothes, fresh breath and no strong perfumes. There is a program of pre-festival workshops in the Shakti Space before the festival starts – these will be announced by a bell!

Morning Gathering & Family Sharing Groups

Everyday we have an opportunity where we can gather as a whole group before going to various workshops and session - no other events or sessions will be offered at the same time as this and in it we will dance, share silence find out what is happening that day and also meet our families to share together. You will be placed in a sharing group at the opening ceremony and these sharing sessions are a chance to reflect on your experiences and to deepen your connection to yourself and others. This is from 9.30-11.30am in the Universal Hall after breakfast and we ask you to make it in time!

Love Temple

After the evening program a love lounge where you can relax and connect after a full day of experiences – an introduction and opening to this will be offered on the second evening.

Lost and Found

Please bring lost valuables to the Welcome Desk – this is also the place to find them!

Emotional Support

If you feel sad, lonely or wants some psychological help then please reach out. This is a safe and supportive environment and it is perfectly natural for a wide range of emotions to arise as we go deeper – it helps massively to share. Assistants, healers and our team of love angels are especially good to lend support or to listen – please be aware that sometimes their time is limited as they have other duties as well. There will also be a time slot every day called “on the blanket” where you can meet individually with the love angels for any support or questions you may have.

Sexual & Emotional Health

At this festival you have a chance to explore your boundaries and to meet interesting people from all over the world in a new and exciting way. Ultimately you are the one responsible for your own well-being. That means you can always say “no” if something doesn’t feel right, or to leave a workshop situation. Before doing so it is good to notify a workshop leader or assistant. If someone is bothering you please let that person know him/herself before telling anyone else. If that is not possible then you can always talk to the assistants or workshops leaders

To support safer sex condoms are provided in the Love Lounge, but to respect others we ask that you do not make love in any communal areas.

Photography & Filming at the Festival

We ask all participants to respect the policies that there is no photography from participants of other participants unless their express permission is given.

By signing up for this festival you also accepted that we have our own professional photographers who will be capturing film and photos for our promotional purposes – they are instructed not to intrude on participants and would only film in some select moments in limited number workshops where it is appropriate. If you are not wanting to be in these photos then we will ask the photographer to take one photo of you at the start and then we will know to edit you out or use only those photos where you do not appear. We appreciate your co-operation with this.

Smoking & Alcohol/Drug Free Policy

There are smoking points signposted away from the eating areas – please stay in these areas to smoke and use the ash trays provided there. The Festival is also an alcohol and Drug-free area. If you are found under the influence of drugs you will be asked to leave.

Awaken as Love Stage 1 Training : 20 - 26th August.



Would you like to dive deeper in the Training afterwards?

Right after the festival we are diving deeper into the Awaken as Love Stage 1 training in the same venue:

“Awaken as Love retreats offer maps, tools and experiences from Tantra, Shamanism, Embodiment and Integral practices to take your life to the next level. It has been said that a quantum leap occurs in humans when they realise and embody the most recent unfolding edge of our consciousness named “Integral Consciousness”, and that it takes just 10% of the world population to steady themselves at this level to form a critical mass that will help bring the rest with them. And that the solutions to most of the world’s problems today reveal themselves.

These initiations are designed to jump-start your expansion into this level with the mission of helping that 10% emerge.

So, do you feel some truth in this – is there some part of your body that says yes even if your mind doesn't understand? If so then you are aligning to a mission of being an ambassador of planetary change – perhaps as an already existing teacher, guide or practitioner wanting to expand their influence or just one who hears the call.”

If you sign up for the festival you are entitled to 10% off both the Awaken as Love training fee and the festival. You can find out more here: <https://tantra-festival.com/training>